

Message to the Community
Week of October 13, 2020



Dear Half Moon Bay students and their families,

Mother Nature certainly delivered a beauty-full weekend to our city and it was certainly a picturesque backdrop for our modified Thanksgiving weekend! We hope you took some time to enjoy your families and get organized for the next few months of school.

We want to thank you in advance for keeping sick children at home and for doing your part to reduce the spread of Covid-19 in our school. We are all in this together.

The Ottawa-Carleton District School Board is committed to promoting equity and inclusion in every one of our schools and workplaces, and we believe that honouring and sharing the rich cultural diversity within all of our schools and communities will help to dispel harmful biases and enlighten our understanding of each other. We encourage every member of the OCDSB to take part in celebrating Islamic Heritage Month 2020. It is [Islamic History Month and Islamic Heritage Month Events Across Canada](#)

Happy Thanksgiving from our home to yours!



School Council Meeting

Our first School Council of the year met last Tuesday to close the 2019-2020 school year and held elections for the 2020-2021 school year. A big congratulations to our School Council Executive:

Chair: Gabe Rother

Secretary: Kate Gitterman

Treasurer: Illana Shore

Thank you to all who attended and we look forward to our next meeting will be on November 10th at 6:00pm.



Paul Davies and Internet Safety Presentations

<https://socialnetworkingsafety.net/sample-page/>

We have received an overwhelming response from parents and students regarding the Paul Davis webinars that were held in September. Due to high demand, an additional session for grades 4 to 6 will be held on Wednesday, October 14th, at 7:30 p.m.

We will also be livestreaming the session on our YouTube channel. This will allow for all families to join once we have reached the maximum capacity for the Zoom webinar.

Students in both In-Person Learning and Remote Learning are welcome to attend.

Please click the link below to join the Zoom webinar:

<https://ocdsb.zoom.us/j/95558780476?pwd=eUpJSFNGazZsa1dSRk56dEMrdDh2Zz09>

Once we have reached capacity, you will be able to join using the streaming link below.

Livestream Link: <https://youtu.be/bLBS99jMU9A>



Mental Health for Black Youth

Public Health Agency of Canada funded project on The we are launching BSWM in the context of our two campaigns:

1. The "Knowing to Prevent" campaign which aims to educate, raise awareness, de-stigmatize and mobilize Black communities on mental health.
2. The "Chatting in the City" campaign, which aims to build the capacity of Black communities to support the resilience of youth who have already faced or are facing mental health issues.

Throughout the entire month of October, we will be hosting many exciting events for Black students, including:

- Our opening event: a dialogue on facilitating Black students' success between Dr. Myrna Lashley and Dr. Cécile Rousseau from McGill University
- Conferences led by Black scholars on academic success, leadership, and applying for scholarships
- Weekly mindfulness meditation sessions with Fimo Mitchell
- Mindfulness training for mental health professionals
- Weekly bilingual open mental health discussion groups (e.g., Black Students' Mensroom, Black Students' Womensroom)
- Counselling services for Black students offered throughout the month by various community organizations, universities and colleges in Ottawa and Gatineau

Please see the attached brochure for specific event details.

ALL EVENTS will be found at the following link:

Join the Zoom meeting:

<https://us02web.zoom.us/j/9656771278?pwd=c003UG5tOFI2RjNidzZXRzNlckQxZz09>



Stay safe!

Aisling O'Donnell and Harry de Roo

Administrative Team

Half Moon Bay Public School

Care Create Collaborate Community